

PFLAG Madison

Voice-Mail: 608-848-2333

Email: pflagmadison@gmail.com

Website: <http://www.pflag-madison.org>

Meeting Place:

Friends Meeting House, 1704 Roberts Court, Madison, WI

Meeting:

2:00 to 4:00 PM, 3rd Sunday of the month, Sept. to May

National PFLAG Website: <http://www.pflag.org>



President: Jeanne Williams

Treasurer: Paul Wertsch

Board Members: Sandy Feria, Michael Rosenman, and Jackie Wealti

Founded in 1973, PFLAG is the first and largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and their families.

Next Meeting - Sunday, January 21, 2024

Callen Harty is the author of 24 produced plays, eleven books, and countless essays and poems that have been published in various newspapers, magazines, anthologies, and online sites. He is the co-founder of UW-Madison's 10% Society (now the Pride Society), which celebrated its 50th anniversary this year, and Proud Theater. He won OutReach's Man of the Year award in 2003 and Wisconsin Coalition Against Sexual Assault's Courage Award in 2016. He is currently working on three more book projects.

Join us at 1704 Roberts Ct from 2:00 - 3:00PM followed by an hour of sharing/support time. If you wish to attend via zoom, email pflagmadison@gmail.com for the link and passcode. Free, overflow parking is available at the Madison Public Library, 1705 Monroe St.

Meeting Summary - December 17, 2023

Brandon Jones, an exercise physiologist, wants to improve the health and wellbeing of the transgender community. Transgender youth report lower physical activity levels than cisgender youth so his lab investigated the effects of a puberty blocking drug. His dissertation investigated the effects of a puberty blocking drug (GnRHa) on physical activity and reproductive health in young rats. The research can be used to educate and improve physical activity levels within the transgender community. His study lasted just four weeks and tested only female rats. He agreed further research needs to be done on this subject to include studying the effects on humans.

Membership Renewal

Annual dues, \$30 per person or \$40 per couple are due October 1, 2023. See the membership form and submit payment online through our website "donate" button or send your payment directly to our Treasurer, Paul Wertsch. You can find the Membership form at:

<http://www.pflag-madison.org/MembershipCurrent.pdf>

When submitting payments using PayPal or credit cards, please provide the following information via email to Paul Wertsch, Treasurer, pwertsch@gmail.com:

- Your complete name, mailing address for a tax receipt, and email address to receive the monthly newsletter.
- The amount of money you submitted either as membership (\$30 individual/\$40 family) or as a donation.

Email pwertsch@gmail.com if you have not received a confirmation of past transaction.

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PLEASE NOTE: If you are viewing the printed version of this newsletter, check the on-line version at <http://www.pflag-madison.org/newsletters/2024/Jan24.pdf> to easily follow the links that are mentioned in the news items.

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Hope smiles from the threshold of the year to come,
whispering "It will be happier."

Alfred Lord Tennyson